Assessment of Digestive and Gastrointestinal Function

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Figure 39-4, pp. 931
Figure 39-6, pp. 932
Common Sites of Referred Abdominal Pain

PQRST

Meals, rest/activity, defecation pattern may directly affect the pain
Quadrants of the Abdomen

A. Four quadrants
1 - right upper quadrant (RUQ)
2 - right lower quadrant (RLQ)
3 - left upper quadrant (LUQ)
4 - left lower quadrant (LLQ)

B. Nine regions
1 - epigastric region
2 - umbilical region
3 - hypogastric or suprapubic region
4 - right hypochondriac region
5 - left hypochondriac region
6 - right lumbar region
7 - left lumbar region
8 - right inguinal region
9 - left inguinal region

Read Table 39-11, pp. 939-940 Common assessment abnormalities
Gastroscopy
Colonoscopy
Sigmoidoscopy